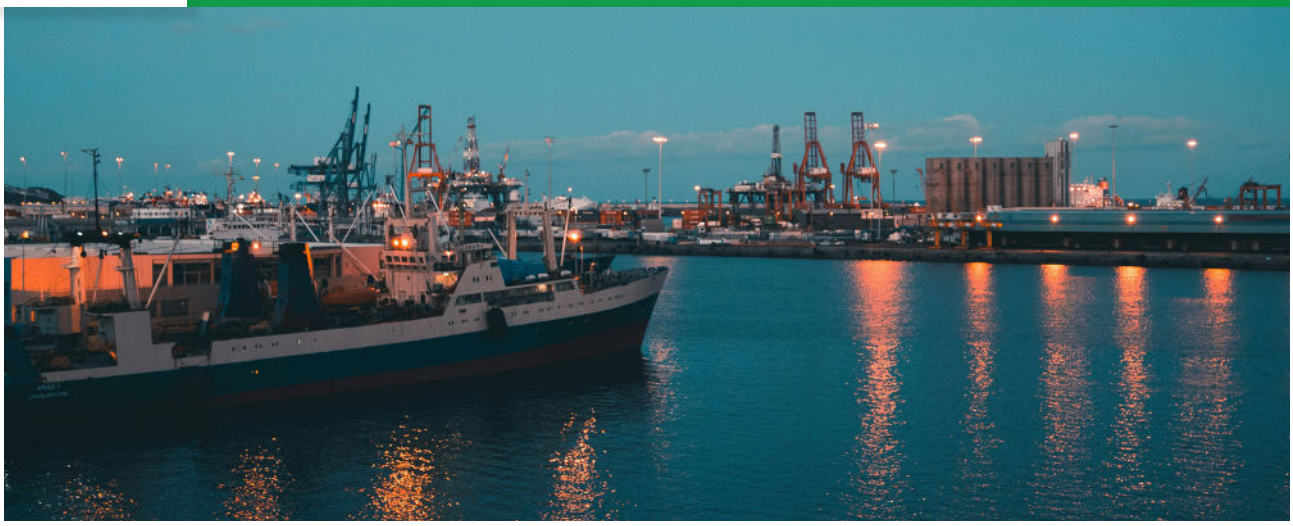
RMSC
YOUR GATEWAY TO MARITIME BUSINESS

EXPERT OVERVIEW



TRAVEL RISK MANAGEMENT

Travel Risk Management refers to the strategic and operational measures companies take to ensure the safety, health, and well-being of their traveling employees. In the maritime sector, professionals working in remote and high-risk areas require a strong preventive medical policy to minimize health and safety risks.

Travel Risk Management is a key component of broader risk management strategies and aligns with international guidelines such as ISO 31030.

MITIGATING RISKS

The maritime sector faces unique health and safety challenges due to its remote and high-risk operational environments. Employees frequently travel to regions with various health risks, including infectious diseases, medical emergencies, and psychological stress.

To mitigate these risks, companies must ensure compliance with international health regulations, provide expert medical guidance, and implement preventive healthcare policies. Timely intervention and comprehensive support, such as vaccinations, medical screenings, and 24/7 emergency assistance, are crucial in safeguarding personnel. A proactive approach to health management enhances workforce safety, operational efficiency, and overall industry resilience.

Regional and international business environments present increasing health challenges for both local and traveling employees. Specialized business services providers fulfil a vital role in helping companies protect their personnel from various health risks. Moreover, a proper health risk management programme allows the employer to fulfill his Duty of Care towards its employees.

Support includes preventive measures, medical screenings, vaccination programs, 24/7 emergency phone assistance, and medical guidance for overseas projects. By ensuring employee well-being and compliance with health regulations, they contribute to safer, more efficient business operations in high-risk areas worldwide.

This Expert Overview is written by Rik van Peperstraten, Business Developer at the Corporate Travel Clinic, and an active member of RMSC. The Corporate Travel Clinic provides medical care and preventive health programs for business travelers and expats. As part of the Institute of Tropical Medicine of the former Havenziekenhuis in Rotterdam they have expert knowledge on all medical issues affecting people travelling abroad. They assist companies and their employees with travel vaccinations, health screenings, risk assessments, and 24/7 worldwide medical support. Through tailored healthcare programs and expert advice, they minimize health risks and ensure that travelers remain safe and healthy while carrying out their international duties. For questions or further suggestions, please contact Rik van Peperstraten at rvanpeperstraten@travelclinic.com.

THE ROLE OF TRAVEL RISK MANAGEMENT IN HEALTH PROTECTION

A well-structured Travel Risk Management programme integrates preventive healthcare, emergency response planning, and ongoing medical support to mitigate health risks.

The key components include:

1. Personalized Health Advice.
2. Tailored medical guidance based on travel destination, duration, and job type, including vaccinations, medication recommendations, and travel kit preparation.
3. Customized Medical Examinations.
4. Job-specific medical screenings for the maritime and offshore industries, including periodic medical check-ups (PMO/PAGO) for prevention and compliance with occupational health regulations. Executive medical assessments are also available for senior management.
5. Vaccination Programs.
6. Targeted vaccinations addressing international health risks, ensuring up-to-date protection based on current global health developments.
7. Prevention & Training.
8. E-learning tools and workshops on disease prevention, stress management, and healthy lifestyle practices.
9. 24/7 Medical Support.
10. Global medical assistance hotline providing immediate emergency support.
11. International Project Support.
12. On-site medical assistance by deploying experienced doctors and nurses, along with the supply of medical equipment and healthcare services.
13. Follow-up & Evaluation.
14. Comprehensive post-travel health assessments to identify potential physical and mental health risks.
15. Skin Cancer Screening.

CONLUSION

Travel Risk Management is crucial in the maritime industry due to unique health and safety risks. Specialize maritime business services provide tailored solutions to protect traveling employees and ensure compliance with regulations. A proactive approach enhances both operational continuity and workforce well-being.

- **ISO 31030: International guideline for identifying, evaluating, and managing travel risks.**
- **LCR (Local Country Risk): Destination-specific health risk assessments, including infectious diseases and medical infrastructure.**
- **Duty of Care: Employers' legal and ethical responsibility to safeguard employees' health and safety while traveling.**
- **Mandatory PMO: Article 18n requires periodic medical check-ups (PMO/PAGO) for employees in high-risk jobs to protect their health.**

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